

Suggested reading list

Psyc.E.In. Case Studies 2

Targets: VET of psychologists, psychotherapists and psychoanalysts

Developed by: AKP – Asociace klinických psychologů (CZ)

N.	Year	Title	Type of publication (article, book, guideline ...)	Key words
1	2001	Gidron, Yori & Gal, Reuven & Freedman, Sara & Twiser, Irit & Lauden, Ari & Snir, Yoram & Benjamin, Jonathan. (2001). Translating research findings to PTSD prevention: Results of a randomized-controlled pilot study. Journal of traumatic stress. 14. 773-80. 10.1023/A:1013046322993.	article	PTSD prevention
2	1997	Bryant RA, Harvey AG: Acute stress disorder: a critical review of diagnostic issues. Clin Psychol Rev 1997; 17:757–773.	article	Acute stress disorder
3	1995	Foa EB, Riggs DS: Posttraumatic stress disorder following assault: theoretical considerations and empirical findings. Current Directions in Psychol Sci 1995; 4:61–65.	article	Posttraumatic stress disorder
4	1995	Foa EB, Hearst-Ikeda D, Perry KJ: Evaluation of a brief cognitive-behavioral program for the prevention of chronic PTSD in recent assault victims. J Consult Clin Psychol 1995; 63:948–955.	article	cognitive-behavioral program

5	1998	Bryant RA, Harvey AG, Sackville T, Dang ST, Basten C: Treatment of acute stress disorder: a comparison of cognitive-behavioral therapy and supportive counseling. J Consult Clin Psychol 1998; 66:862–866	article	acute stress disorder
6	1998	Harvey AG, Bryant RA, Dang ST: Autobiographical memory in acute stress disorder. J Consult Clin Psychol 1998; 66:500–506	article	Memory, stress disorder
7	1996	Van der Kolk BA: The psychobiology of PTSD, in Traumatic Stress: The Effects of Overwhelming Experience on Mind, Body, and Society. Edited by van der Kolk BA, McFarlane AC, Weisaeth L. New York, Guilford Press, 1996, pp 214–241.	article	PTSD, psychobiology
8	1998	Shalev AY, Sahar T, Freedman S, Peri T, Glick N, Brandes D, Orr S, Pitman RK: A prospective study of heart rate responses following trauma and the subsequent development of PTSD. Arch Gen Psychiatry 1998; 55:553–559.	article	Trauma, heart rate responses
9	1988	Resick PA, Jordan CG, Girelli SA, Hutter CK, Marhoefer, Dvorak S: A comparative outcome study of behavioral group therapy for sexual assault victims. Behavior Therapy 1988; 19: 385–401	article	Behavior Therapy, sexual assault
10	1998	Bryant RA, Harvey AG, Dang ST, Sackville T: Assessing acute stress disorder: psychometric properties of structured clinical interview. Psychol Assessment 1998; 10:215–220.	article	acute stress disorder, clinical interview
11	1998	Foa EB, Rothbaum BO: Treating the Trauma of Rape: Cognitive-Behavioral Therapy for PTSD. New York, Guilford Press, 1998.	article	Trauma, Rape, Cognitive-Behavioral Therapy
12	2016	Hersch, R. K., Cook, R. F., Deitz, D. K., Kaplan, S., Hughes, D., Friesen, M. A., & Vezina, M. (2016). Reducing nurses' stress: A randomized controlled trial of a web-based stress management program for nurses. Applied Nursing Research, 32, 18-25.	article	Stress, stress management program, nurses
13	2018	Slatyer, S., Craigie, M., Heritage, B., Davis, S., & Rees, C. (2018). Evaluating the effectiveness of a brief mindful self-care and resiliency (MSCR) intervention for nurses: A controlled trial. Mindfulness, 9(2), 534-546.	article	self-care, intervention, effectiveness

14	2019	Lin, L., He, G., Yan, J., Gu, C., & Xie, J. (2019). The effects of a modified mindfulness-based stress reduction program for nurses: a randomized controlled trial. <i>Workplace health & safety</i> , 67(3), 111-122.	article	Mindfulness, stress reduction program, Workplace health
15	2018	Ang, S. Y., Hemsworth, D., Uthaman, T., Ayre, T. C., Mordiffi, S. Z., Ang, E., & Lopez, V. (2018). Understanding the influence of resilience on psychological outcomes—Comparing results from acute care nurses in Canada and Singapore. <i>Applied Nursing Research</i> , 43, 105-113.	article	Resilience, psychological outcomes, acute care
16	2016	Moss, M., Good, V. S., Gozal, D., Kleinpell, R., & Sessler, C. N. (2016). An official critical care societies collaborative statement: burnout syndrome in critical care health care professionals: a call for action. <i>American Journal of Critical Care</i> , 25(4), 368-376.	article	Burnout, health care
17	2018	Ramalisa, R. J., Koen, M. P., & Du Plessis, E. (2018). Increasing coping and strengthening resilience in nurses providing mental health care: Empirical qualitative research. <i>Health SA Gesondheid</i> , 23(1), 1-9.	article	Coping, resilience, health care
18	2014	Bandelow, B., Lichte, T., Rudolf, S., Wiltink, J., & Beutel, E. M. (2014). The diagnosis of and treatment recommendations for anxiety disorders. <i>Deutsches Ärzteblatt International</i> , 111(27–28), 473–480. https://doi.org/10.3238/arztebl.2014.0473	article	Treatment and diagnosis anxiety
19	2022	Zajícová, M., Reiley, P. J., Fiala, L., & Vevera, J. (2022). Psychological Management of COVID-19 Respiratory Anxiety: Emotion-Focused Normalization, Psychoeducation, and Respiratory Techniques Approach. <i>E-psychologie</i> , 16(3), 39-46. https://doi.org/10.29364/epsy.449	article	Respiratory Anxiety, Emotion-Focused Normalization, Psychoeducation
20	2017	Chen, Y. F., Huang, X. Y., Chien, C. H., & Cheng, J. F. (2017). The effectiveness of diaphragmatic breathing relaxation training for reducing anxiety. <i>Perspectives in Psychiatric Care</i> , 53(4), 329-336. https://doi.org/10.1111/ppc.12184	article	PTSD, trauma

21	2019	Hopper, S. I., Murray, S. L., Ferrara, L. R., & Singleton, J. K. (2019). Effectiveness of diaphragmatic breathing for reducing physiological and psychological stress in adults: a quantitative systematic review. <i>JBISIRIR</i> , 17(9), 1855-1876. https://doi.org/10.11124/JBISIRIR-2017-003848	article	reducing stress, breathing
22	2002	Razali, S. Mohd., Aminah, K., & Khan, U. A. (2002). Religious-cultural psychotherapy in the management of anxiety patients. <i>Transcultural Psychiatry</i> , 39(1), 130-136. https://doi.org/10.1177/136346150203900106	article	Psychotherapy, anxiety, Religious-cultural approach
23	1993	Pennebaker, J. W. (1993). Putting stress into words: Health, linguistic, and therapeutic implications. <i>Behavior Research & Therapy</i> , 31, 539-548.	article	Linguistic, Health, therapeutic implications
24	1999	Conlon, L., Fahy, T. J., & Conroy, R. (1999). PTSD in ambulant RTA victims: A randomized controlled trial of debriefing. <i>Journal of Psychosomatic Research</i> , 46, 37-44.	article	Trauma, debriefing
25	1996	Pennebaker, J. W., & Francis, M. E. (1996). Cognitive, emotional and language processes in disclosure. <i>Cognition and Emotion</i> , 10, 601-626.	article	Disclosure, language processes, Cognition
26	1997	Zatzick, D. F., Marmur, C. R., Weiss, D. S., Browner, W. S., Metzler, T. J., Golding, J. M., Stewart, A., Schlenger, W. E., & Wells, K. B. (1997). Posttraumatic stress disorder and functioning and quality of life outcomes in a nationally representative sample of male Vietnam veterans. <i>American Journal of Psychiatry</i> , 154, 1690-1695.	article	Posttraumatic stress disorder, veterans
27	2013	Etingen, B., LaVela, S. L., Miskevics, S., & Goldstein, B. (2013). Health information during the H1N1 influenza pandemic: did the amount received influence infection prevention behaviors? <i>J Commun Health</i> , 38(3), 443-450.	article	Crisis, pandemic, prevention behavior

Project Number: 2020-1-PL-KA202-082075

28	2007	Ruzek, J. I., Brymer, M. J., Jacobs, A. K., Layne, C. M., Vernberg, E. M., & Watson, P. J. (2007). Psychological first aid. <i>J Mental Health Couns</i> , 29(1), 17–49.	article	Trauma, first aid, stress
29	2020	Greenberg, N., Docherty, M., Gnanapragasam, S., & Wessely, S. (2020). Managing mental health challenges faced by healthcare workers during covid-19 pandemic. <i>BMJ</i> . https://doi.org/10.1136/bmj.m1211 .	article	healthcare workers, covid, mental health
30	2014	Stephenson, N., Davis, M., Flowers, P., MacGregor, C., & Waller, E. (2014). Mobilising “vulnerability” in the public health response to pandemic influenza. <i>Soc Sci Med</i> , 102, 10–17.	article	Vulnerability, public health, pandemic